

## Les AMIS de la SANTÉ MENTALE, banlieue ouest FRIENDS for MENTAL HEALTH. West Island

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Dr. Henry Olders SMBD – Jewish General Hospital 3755 Côte-Ste-Catherine 5 East Montréal, Québec H3T 1E2

Dr. Olders,

Thanks again for a wonderful presentation on Wednesday evening on a most relevant and interesting topic – "Maintaining Healthy Relationships as We Age despite the Challenges of Mental Illness". It was obvious that our members appreciated it very much (their comments afterwards certainly reflected this!).

Clearly, many of our members (and staff) would also like to hear you speak on the research you are currently doing on the link between sleep and depression, as well as your work in the misdiagnosis of bi-polar disorders. Please be sure to let us know of any future lectures you may give on these fascinating topics.

Thank you once again for giving so generously of your time and expertise and until next time, we wish you continued success in your work.

Sincerely,

Begoña Pereira

Communications Agent

PS. Please extend our thanks to your lovely wife, Helen, for her contribution to the evening.